Values

Name: _____

	Not Important			Somewhat Important		Important		Quite Important			Very Important
	0	1	2	3	4	5	6	7	8	9	10
Academics To have high regard for scholastic pursuits.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Achievement To accomplish my goals.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Activity To be fully occupied at all times.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Advancement To have the opportunity for career advancement.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Adventure To do things in new and interesting ways.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Enjoyment To enjoy life and have fun.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Expertise To be a known authority in a field.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Family To contribute to family members.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Friendship To have close companionship.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Health To be healthy and lead a healthy lifestyle.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Independence To be able to work or be alone and free from constraints.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Location To be able to live anywhere.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Power To have influence over my future.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Prestige To obtain recognition and status.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Routine To have a set daily schedule.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Security To minimize adverse changes in my life.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Self-Development To be the best that I can be.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Self-Realization To realize the full potential of my skills and abilities.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Social Service To serve others.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Wealth To be able to afford opportunities.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐